

Time: _____ Driver: _____	Time: _____ Driver: _____	Time: _____ Driver: _____	Time: _____ Driver: _____
_____	_____	_____	_____
Pan Size	Pan Size	Pan Size	Pan Size
WM CHX _____ <i>1/3 1/2 cup</i>	WM CHX _____ <i>1/3 1/2 cup</i>	WM CHX _____ <i>1/3 1/2 cup</i>	WM CHX _____ <i>1/3 1/2 cup</i>
ADOBO _____ <i>1/3 1/2 cup</i>	ADOBO _____ <i>1/3 1/2 cup</i>	ADOBO _____ <i>1/3 1/2 cup</i>	ADOBO _____ <i>1/3 1/2 cup</i>
STEAK _____ <i>1/3 1/2 cup</i>	STEAK _____ <i>1/3 1/2 cup</i>	STEAK _____ <i>1/3 1/2 cup</i>	STEAK _____ <i>1/3 1/2 cup</i>
BEEF _____ <i>1/3 1/2 cup</i>	BEEF _____ <i>1/3 1/2 cup</i>	BEEF _____ <i>1/3 1/2 cup</i>	BEEF _____ <i>1/3 1/2 cup</i>
PORK _____ <i>1/3 1/2 cup</i>	PORK _____ <i>1/3 1/2 cup</i>	PORK _____ <i>1/3 1/2 cup</i>	PORK _____ <i>1/3 1/2 cup</i>
TOFU _____ <i>1/3 1/2 cup</i>	TOFU _____ <i>1/3 1/2 cup</i>	TOFU _____ <i>1/3 1/2 cup</i>	TOFU _____ <i>1/3 1/2 cup</i>
BLK BEANS _____ <i>1/3 1/2 cup</i>	VEG _____ <i>1/3 1/2 cup</i>	VEG _____ <i>1/3 1/2 cup</i>	VEG _____ <i>1/3 1/2 cup</i>
PINTO BEANS _____ <i>1/3 1/2 cup</i>	QUESO _____ <i>1/3 1/2 cup</i>	QUESO _____ <i>1/3 1/2 cup</i>	QUESO _____ <i>1/3 1/2 cup</i>
SW Rice _____ <i>1/3 1/2 cup</i>	SW Rice _____ <i>1/3 1/2 cup</i>	SW Rice _____ <i>1/3 1/2 cup</i>	SW Rice _____ <i>1/3 1/2 cup</i>
C. Lime RICE _____ <i>1/3 1/2 cup</i>	C. Lime RICE _____ <i>1/3 1/2 cup</i>	C. Lime RICE _____ <i>1/3 1/2 cup</i>	C. Lime RICE _____ <i>1/3 1/2 cup</i>
VEG _____ <i>1/3 1/2 cup</i>	BLK BEANS _____ <i>1/3 1/2 cup</i>	BLK BEANS _____ <i>1/3 1/2 cup</i>	BLK BEANS _____ <i>1/3 1/2 cup</i>
QUESO _____ <i>1/3 1/2 cup</i>	PINTO BEANS _____ <i>1/3 1/2 cup</i>	PINTO BEANS _____ <i>1/3 1/2 cup</i>	PINTO BEANS _____ <i>1/3 1/2 cup</i>

Time: _____ Driver: _____	Time: _____ Driver: _____	Time: _____ Driver: _____	Time: _____ Driver: _____
_____	_____	_____	_____
Pan Size	Pan Size	Pan Size	Pan Size
WM CHX _____ <i>1/3 1/2 cup</i>	WM CHX _____ <i>1/3 1/2 cup</i>	WM CHX _____ <i>1/3 1/2 cup</i>	WM CHX _____ <i>1/3 1/2 cup</i>
ADOBO _____ <i>1/3 1/2 cup</i>	ADOBO _____ <i>1/3 1/2 cup</i>	ADOBO _____ <i>1/3 1/2 cup</i>	ADOBO _____ <i>1/3 1/2 cup</i>
STEAK _____ <i>1/3 1/2 cup</i>	STEAK _____ <i>1/3 1/2 cup</i>	STEAK _____ <i>1/3 1/2 cup</i>	STEAK _____ <i>1/3 1/2 cup</i>
BEEF _____ <i>1/3 1/2 cup</i>	BEEF _____ <i>1/3 1/2 cup</i>	BEEF _____ <i>1/3 1/2 cup</i>	BEEF _____ <i>1/3 1/2 cup</i>
PORK _____ <i>1/3 1/2 cup</i>	PORK _____ <i>1/3 1/2 cup</i>	PORK _____ <i>1/3 1/2 cup</i>	PORK _____ <i>1/3 1/2 cup</i>
TOFU _____ <i>1/3 1/2 cup</i>	TOFU _____ <i>1/3 1/2 cup</i>	TOFU _____ <i>1/3 1/2 cup</i>	TOFU _____ <i>1/3 1/2 cup</i>
VEG _____ <i>1/3 1/2 cup</i>	VEG _____ <i>1/3 1/2 cup</i>	VEG _____ <i>1/3 1/2 cup</i>	VEG _____ <i>1/3 1/2 cup</i>
QUESO _____ <i>1/3 1/2 cup</i>	QUESO _____ <i>1/3 1/2 cup</i>	QUESO _____ <i>1/3 1/2 cup</i>	QUESO _____ <i>1/3 1/2 cup</i>
SW Rice _____ <i>1/3 1/2 cup</i>	SW Rice _____ <i>1/3 1/2 cup</i>	SW Rice _____ <i>1/3 1/2 cup</i>	SW Rice _____ <i>1/3 1/2 cup</i>
C. Lime RICE _____ <i>1/3 1/2 cup</i>	C. Lime RICE _____ <i>1/3 1/2 cup</i>	C. Lime RICE _____ <i>1/3 1/2 cup</i>	C. Lime RICE _____ <i>1/3 1/2 cup</i>
BLK BEANS _____ <i>1/3 1/2 cup</i>	BLK BEANS _____ <i>1/3 1/2 cup</i>	BLK BEANS _____ <i>1/3 1/2 cup</i>	BLK BEANS _____ <i>1/3 1/2 cup</i>
PINTO BEANS _____ <i>1/3 1/2 cup</i>	PINTO BEANS _____ <i>1/3 1/2 cup</i>	PINTO BEANS _____ <i>1/3 1/2 cup</i>	PINTO BEANS _____ <i>1/3 1/2 cup</i>

_____ **1/3 pans**
 _____ **1/2 pans**

+ _____ **bgs of queso**
 + _____ **bgs of ground beef**

+ _____ **chicken cycles**
 + _____ **steak cycles**